

STEP Lunch Menu

WEEK 1 – for weeks commencing: 8/11/21, 29/11/21, 3/1/22, 24/1/22

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK ONE	Greek Spanakopita Crispy Topped Veggie Pie Diced Potatoes Jacket Potato & Fillings Peas Flaky Biscuit Fresh Fruit	Nigerian Chicken & Jolof Rice Veggie Parcel & Rice Jacket Potato & Fillings Peas & Carrots Strawberry Mousse Fresh Fruit	British Roast Beef & Yorkshire Pudding Cauliflower & Broccoli Cheese Roast Potatoes Jacket Potato & Fillings Green Beans Yoghurt Fresh Fruit	Vegetable Pasta Bake Jacket Potato with: Chilli, Cheese, Beans, Tuna, Egg Mayo Vegetable Medley Chocolate Sponge & Chocolate Custard Fresh Fruit	Fish Fingers Maltese Quiche Chips Jacket Potato & Fillings Baked Beans & Roasted Tomatoes Yoghurt Fresh Fruit

WEEK 2 – for weeks commencing: 15/11/21, 6/12/21, 10/1/22, 31/1/22

WEEK TWO	Italian Margherita Pizza Mixed Pepper Pizza Slice Sweet Potato Wedges Jacket Potato & Fillings Sweetcorn Ripple Sponge & Custard Fresh Fruit	Indian Beef Bhuna with Rice Indian Vegetable Biryani Jacket Potato & Filling Peas Iced Orange Sponge Fresh Fruit	French Chicken Cassoulet With Creamy Mashed Potatoes French Chickpea Ratatouille Jacket Potato & Fillings Carrots & Broccoli Yoghurts Fresh Fruit	Jacket Potato with: Chilli, Cheese, Beans, Tuna, Egg Mayo Vegetable Medley Danish Dream Cake Fresh Fruit	Fish Cake Cauliflower Cheese Nuggets Chips Jacket Potato & Fillings Baked Beans & Roasted Vegetables Yoghurt Fresh Fruit
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WEEK 3 – for weeks commencing: 22/11/21, 13/12/21, 17/1/22, 7/2/22

WEEK THREE	Cheese & Onion Pinwheel with Wedges Macaroni Cheese Jacket Potato & Fillings Carrots & Peas Fruit Crumble & Custard Fresh Fruit	Moroccan Sausage Stew Mixed Bean Stew Parsley Potatoes Jacket Potato & Fillings Peas & Sweetcorn Crispy Cake Fresh Fruit	Roast Turkey & Stuffing Spinach & Potato Bake Roast Potatoes Jacket Potato & Fillings Cabbage Yoghurts Fresh Fruit	Mexican Beef Fajita Spicy Bean Wrap Rice Vegetable Medley Fruity Shortbread Fresh Fruit	Fish Fillet Spanish Omelette Chips Jacket Potato & Fillings Baked Beans & Peas Yoghurt Fresh Fruit
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This menu was developed collaboratively by the catering team, with contributions from Samuel at Angel Oak, Lisa at Applegarth, Sharon at Breakwater, Lana at David Livingstone, Sharon at Heathfield, Emma at La Fontaine, Neha at Park, Pam at Tudor and Denise at Westbridge.

All about our food

- All meals are freshly cooked at our academies by our own trained STEP Catering team.
- Our menu has been designed to meet all of the School Food Standards.
- Our food is cooked using oven baking & steaming methods.
- All meat is fresh & UK sourced and we use seasonal fruit & vegetables.
- Yoghurt, milk and fresh drinking water are available daily.
- If you require any information about allergies, please contact the school office.
- This menu may be subject to change.